



American
Heart
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SHAPE America and the American Heart Association collaborate on the Jump Rope For Heart and Hoops For Heart programs.

Jump Rope For Heart Elmwood Elementary

Physical Education Newsletter:

Hello Families! Our school is proud to partner with the American Heart Association with Jump Rope For Heart. Over the next few weeks, our students will be having fun learning about their heart with the Scare Squad while raising money to help fund lifesaving research. Our school goal is to raise \$1,600, and in addition to helping the American Heart Association, our school can earn free PE equipment. Students can earn their own Scare Squad Monsters this year by using our new mobile app (download the Jump/Hoops App ([App Store](#) for iPhone or [Google Play](#) for Android) or by visiting heart.org/jump to sign up and raise money online! Just for signing up to save lives, your students will earn a glow in the dark wristband! PLUS this year, the mobile app unlocks even more fun and the Scare Squad Monsters and wristband come to life! All donations are due the day of the event which is Monday, March 12. Thank you for helping a great cause! If you have any questions please feel free to call me at the school or email me at mdominick@solake.org.

Melissa Dominick

Elmwood Physical Education Teacher